



District 5 Newsletter



3RD QUARTER—2020

District 5 Newsletter Editor: Vicki R. / Orange

Online Newsletter: http://www.msca09aa.org/districts/d_05.php

AREA OF “DISTRICT 5”

DOES YOUR GROUP HAVE A VOICE?

GENERAL SERVICE REPRESENTATIVE (GSR)

“The general service representatives (G.S.R.s) of the U.S. and Canada are the very foundation of our general service structure. Through your G.S.R., you can make your group’s voice heard at district meetings, at area assemblies, and eventually at the General Service Conference.”

For more information about GSRs, see A.A.® leaflet:

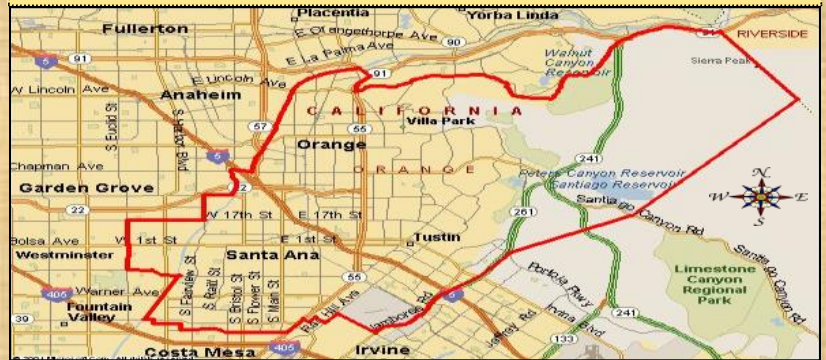
A.A. Pamphlet: P-19 -

G.S.R. Your group's link to A.A. as a whole



“For a new general service representative, this leaflet outlines responsibilities and useful sources of information; for a group, what to keep in mind when electing a G.S.R.”
~ Alcoholic Anonymous © (A.A.)

CITIES WITHIN “DISTRICT 5”
Cowen Heights, Lemon Heights, Orange,
Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park



Being of Service...

DISTRICT 5 / PANEL 70 (2020-2021)
TRUSTED SERVANTS
...OFFICERS AND COMMITTEE MEMBERS...

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OFFICERS

DISTRICT COMMITTEE MEMBER CHAIR (D.C.M.C.)	RYAN H. (hvacman25@gmail.com)
ALTERNATE DISTRICT COMMITTEE MEMBER CHAIR (ALT. D.C.M.C.)	ISAAC M. (isaacmaganazo@gmail.com)
SECRETARY	CHRIS W. (cwheelerx@gmail.com)
TREASURER	VICKI R. (wrkaaitwrks@aol.com)
REGISTRAR	LISA H. (likafaul@gmail.com)

DISTRICT COMMITTEE MEMBERS (DCMs)

DISTRICT COMMITTEE MEMBER (DCM) - WOMEN'S DAY	LISA H.
DISTRICT COMMITTEE MEMBER (DCM) - WOMEN'S EVENING	LISA H.
DISTRICT COMMITTEE MEMBER (DCM) - MEN'S GROUP	DAVID H.
DISTRICT COMMITTEE MEMBER (DCM) - EAST ORANGE	MARIO P.
DISTRICT COMMITTEE MEMBER (DCM) - WEST ORANGE	GREG A.
DISTRICT COMMITTEE MEMBER (DCM) - (ORANGE) FRIENDSHIP CLUB AM	OPEN (Your Name??)
DISTRICT COMMITTEE MEMBER (DCM) - (ORANGE) FRIENDSHIP CLUB PM	CHRISTINA W.
DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA ALANO CLUB	OPEN (Your Name??)
DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA	CASEY D.
DISTRICT COMMITTEE MEMBER (DCM) - NORTH TUSTIN	STEVE C.
DISTRICT COMMITTEE MEMBER (DCM) - SOUTH TUSTIN	STEVE C.

STANDING COMMITTEES CHAIRS

ACCESSIBILITIES	OPEN (Your Name??)
ARCHIVES	OPEN (Your Name??)
COOPERATION WITH THE PROFESSIONAL COMMUNITY (C.P.C.)	OPEN (Your Name??)
CONVENTION LIAISON	ROB B.
GRAPEVINE	KYLE B.
GSR SCHOOL	ROB S.
HOSPITALS & INSTITUTIONS (H&I) LIAISON	LINDSEY K.
INTERGROUP LIAISON	SCOTT B.
LITERATURE	GLENDA R.
NEWSLETTER	VICKI R.
PUBLIC INFORMATION (P.I.)	OPEN (Your Name??)

VOLUNTEER POSITIONS

CAKE SERVICES	DAVID H.
COFFEE	DAVID H.

If you're interested in **being of service** and would like to be involved in "District 5" by volunteering for an "OPEN" commitment, please join us at the next District 5 meeting and let us know. We'd love to have you join us!!



STEPS, TRADITIONS, AND CONCEPTS OF A.A.

(Reprinted with permission of A.A. World Services, Inc.)



STEPS: 7 THRU 9

7.

“Humbly asked Him to remove our shortcomings.”

8.

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

9.

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

FROM THE ORIGINAL BIG BOOK MANUSCRIPT (Step #7): “Humbly, on our knees, asked Him to remove our shortcomings — holding nothing back.”

TRADITIONS: 7 THRU 9

7.

Short Form:

“Every AA group ought to be fully self-supporting, declining outside contributions.”

8.

Short Form:

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

9.

Short Form:

“AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

NONPROFESSIONAL (Tradition #8): “a person who is not a professional: such as someone who does not belong to or possess training in a particular profession” (Merriam-Webster Dictionary)

CONCEPTS: 7 THRU 9

7.

Short Form:

“The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.”

8.

Short Form:

“The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”

9.

Short Form:

“Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, Must necessarily be assumed by the trustees.”

CUSTODIAL (Concept #8): “providing protective supervision and guardianship rather than seeking to improve or cure” (The Free Dictionary)



“WHAT’S NEW” FROM GSO...

September 2020—“Love and Service” Letter from GSO’s General Manager and GSO video

“Love and Service” LETTER:

Below are just a few highlights from GSO’s General Manager’s Letter:

- ♦ “The main theme of this letter is gratitude.”
- ♦ “We have put forward a new budget reforecast for the balance of 2020 that reflects a new reality and includes substantial cuts in numerous expense categories, including contracted services, professional fees and printing/cost of goods. The aim is to continue providing maximum services, with the expense reductions touching operations rather than services.”
- ♦ “Till the end of the year, the newsletters regularly published by GSO, such as Box 4-5-9, About A.A., the GSB Quarterly Report, the LIM bulletin and Sharing From Behind the Walls will be available only on aa.org or will have limited print runs, saving on production and mailing costs.”
- ♦ “...when literature sales and contributions had dipped dramatically, GSO drew down \$3 million from the Reserve Fund to cover cash flow for May-July. This supported sending out International Convention refunds, as well as ensuring payroll funds for our workers.”
- ♦ “Now we are in a different place. And it says so much about our Fellowship in this extraordinary time: In May, contributions were \$800,000 and in June \$900,000. July has just closed, with total contributions exceeding \$1.1 million dollars! Also, we are working to recover lost costs related to the International Convention through our insurance claim.”

To read the complete letter, go to: https://www.aa.org/pages/en_US/whats-new-on-aaorg (“Love and Service”)

“Love and Service” VIDEO: *(Copyright © 2020 by Alcoholics Anonymous World Services, Inc. All rights reserved.)*

This is a great video! Be sure to check it out at: <https://vimeopro.com/user112910871/love-and-service>

FOR ADDITIONAL GSO NEWS:

- ♦ AA.ORG: https://www.aa.org/pages/en_US/whats-new-on-aaorg
- ♦ MSCA09: <http://www.msca09aa.org/GSOnews.php>



**Celebrating Our Big Book
Special Summer Offer –
Alcoholics Anonymous in
every format and language**

July 1 – September 30, 2020

**FOR MORE
INFORMATION:**

<http://www.msca09aa.org/>

**“A Big Book Special
Summer Offer “**

SPECIAL SUMMER OFFER

10% off all Big Books*
ALL VERSIONS | ALL FORMATS | ALL LANGUAGES

Alcoholics Anonymous is available in multiple formats –
hardcover and softcover, abridged and unabridged,
and a new ASL video too! ... See below for more.

*WHEN YOU ORDER VIA THIS FLYER OR ON ONLINELITERATURE.AA.ORG
JULY 1–SEPTEMBER 30, 2020.

Did you know?

- You can listen to the Big Book for FREE on aa.org at https://www.aa.org/pages/en_US/alcoholics-anonymous/audio/version
- ASL video is available on DVD for purchase and also FREE for viewing at https://www.aa.org/pages/en_US/alcoholics-anonymous/asl
- Alcoholics Anonymous has been translated into 70 languages worldwide and counting!

FORTY MILLIONTH COPY OF BIG BOOK PRESENTED TO...

**Dr. George Koob
Director of the National
Institute of Alcohol Abuse and
Alcoholism (NIAAA)**

**“On behalf of NIAAA, Dr. Koobs
accepted the 40 millionth copy of the
Big Book as an expression of A.A.’s
gratitude for the long history of cooperation
and communication between Alcoholics
Anonymous and professionals in the field of
alcohol abuse and alcoholism.”**



FOR A LIST OF “VIRTUAL MEETINGS”, CHECK OUT THESE LINKS:

- ⇒ <https://oc-aa.org/directory/VM3col.asp>
- ⇒ <https://aa-intergroup.org/oiaa/meetings/>



FROM ORANGE COUNTY CENTRAL OFFICE

(As of Sept. 9, 2020):

MEETING REOPENING GUIDELINES

“Dear Friends in the Fellowship,

We know that many members are excited by the prospect of meeting in-person again. There is a temptation to rush to re-open meetings. Our Intergroup has put together suggestions and guidelines for your groups to consider when making an informed group conscience about how to re-open safely once our respective jurisdictions allow it.

These suggestions were compiled with conversations with and input from several other Intergroups and central offices across the country to determine best practices to protect A.A. members going forward.

- **Traditions** - we must ensure our group decisions do not negatively impact our fellow members or A.A. as a whole, and that we as individuals act in ways that ensure our common welfare. Tradition 1 tells us “Our common welfare should come first; personal recovery depends upon A.A. unity.” Tradition 4 states “Each group is autonomous except in matters affecting other groups or A.A. as a whole.” We have to consider the health and well-being of other A.A. members, and we need to protect the positive reputation and goodwill of A.A. in the community.
- **Responsibility** - Groups should continue to abide by local and government health organization guidelines for social distancing and safety (e.g., limiting the number of people into the space, facial coverings, etc.) As an organization and as individuals, we are not exceptions to the law. Our program of recovery has taught us to be responsible citizens both in A.A. and the world. While there are no ‘musts’ in the A.A. program, there are legal musts in the larger community. Groups need to remain within the regulations and mandates of our state.
- **Community** - Groups must have permission from landlords or host facilities to resume meeting on the premises—either inside or on the grounds or parking lot.
- **Format** - Groups may consider combining in-person meetings with Zoom meetings to form a “hybrid” meeting.

In addition to suggestions for groups to consider, there are also ‘musts’ that groups need to abide by to stay within the regulations and mandates of our state. While there are no ‘musts’ in the A.A. program, there are legal musts in the larger community. Fortunately, our programs of recovery has taught us how to be responsible citizens both in A.A. and the world.

Here are considerations for your groups to discuss:

To protect A.A., groups should be mindful of the Traditions.

Tradition 1 tells us “Our common welfare should come first; personal recovery depends upon A.A. unity.”

When making group decisions, we say, “Each group is autonomous.” However, the second part of Tradition 4 is just as important: “except in matters affecting other groups or A.A. as a whole.”

These traditions remind us that we must ensure that our group decisions do not negatively impact our fellow members or A.A. as a whole, and that we as individuals act in ways that ensure our common welfare.

Traditions 1 and 4 are important now more than ever. We have to consider the health and well-being of other A.A. members, and we need to protect the positive reputation and goodwill of A.A. in the community.”

*Be sure to let both **DISTRICT 5** and **O.C. CENTRAL OFFICE** know if your meeting group is holding virtual meetings, has gone back to ‘live’ meetings, or has disbanded.*

UPCOMING SOBER EVENTS

DISTRICT 5

Due to the uncertainty of when our District 5 meetings can meet 'live' again, Zoom meetings will continue to be held.

Sept. 7, 2020 (Mon) @ 6pm:

STEERING COMMITTEE MEETING

ZOOM MEETING:

Member ID: 457 182 8915
Password: 469764

Sept. 10, 2020 (Thurs) @ 7pm-8:30pm:

GSR MEETING

ZOOM MEETING:

Member ID: 457 182 8915
Password: 469764

Oct. 5, 2020 (Mon) @ 6pm:

STEERING COMMITTEE MEETING

ZOOM MEETING:

Member ID: 457 182 8915
Password: 469764

Oct. 8, 2020 (Thurs) @ 7pm-8:30pm:

GSR MEETING

ZOOM MEETING:

Member ID: 457 182 8915
Password: 469764

DISTRICT 5 WILL BE PUTTING ON THE FOLLOWING (Zoom) WORKSHOPS SOON:

1. GSR Workshop
2. CONCEPTS Workshop

All fellowship members are invited to participate. More information will be given to GSRs, and a flyer will be posted on District 5's web page located on MSCA09's website, once it becomes available.

AREA 09

Sept. 13, 2020 (Sun) 8:30am-1pm:

— AREA ASSEMBLY —

ZOOM MEETING:

https://zoom.us/j/97951749323?
pwd=QTdob2ZrTit3L3d5dTJBcXJRUFh1UT09
(Note: No space between "?" and "pwd")

One tap mobile
+16699006833,,97951749323# US (San Jose)
+14086380968,,97951749323# US (San Jose)

Oct. 11, 2020 (Sun)

— AREA SERVICE COMMITTEE (ASC)
(Hosted by District 14)

When details become available, they will be posted on Area 09's website (www.msca09aa.org)

Nov. 14, 2020 (Sat)

— SERVATHON —
(Hosted by District 25)

When details become available, they will be posted on Area 09's website (www.msca09aa.org)

Dec. 13, 2020 (Sun)

— AREA SERVICE COMMITTEE (ASC)
(Hosted by District 4)

When details become available, they will be posted on Area 09's website (www.msca09aa.org)

Visit www.msca09aa.org for additional information on upcoming events.

PLEASE BE SURE TO CONFIRM ANY AND ALL MEETINGS BEFORE ATTENDING / PARTICIPATING.

O.C. CENTRAL OFFICE

Sept. 9, 2020 (Weds) @ 7pm

INTERGROUP MEETING

ZOOM MEETING:

https://us04web.zoom.us/j/616903638
Meeting ID: 616 903 638
Password: ocaa

Oct. 14, 2020 (Weds) @ 7pm

INTERGROUP MEETING

Costa Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Be sure to confirm prior to meeting, as it may held via "Zoom".

Nov. 11, 2020 (Weds) @ 7pm

INTERGROUP MEETING

Costa Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Be sure to confirm prior to meeting, as it may held via "Zoom".

Intergroup meetings are held every 2nd Wednesday of the month.

Orange County Hospitals & Institutions

Meets on the 2nd Sunday of every month as follows:

Institutions Committee: 4:00pm - 5:00pm
(Orientation for first-time attendees at 3:15pm)

Hospitals Committee: 6:00pm - 7:00pm
(Orientation for first-time attendees at 5:15pm)

Garden Grove Alano Club
9845 Belfast, Garden Grove, CA 92844

Visit www.oc-aa.org for additional information on upcoming events.

Attention Meeting Group Secretaries / Treasurers.....

When sending a 7th Tradition donation/contribution to District 5 for your group, please notate the following information so that District 5 can be sure your meeting group receives acknowledgement, along with a receipt:

- (1) Group number (issued by the General Service Office)
- (2) Meeting group name and day & time of meeting
- (3) Name and mailing (or email) address of whom to send the receipt to.

If your group number isn't known, ask your GSR to speak to the "District 5" Registrar (Lisa H.) at the next monthly (2nd Thursday) District meeting. You can also request that information by sending her an email at: likafaul@gmail.com

Address for Correspondence and 7th Tradition Donations:

♦ District 5, M.S.C.A - P.O. Box 3374, Tustin, CA 92781

"Zelle" info for 7th Tradition Donations:

♦ wrkaaitwrks@aol.com

♦ If donating via "Zelle", please be sure to notate group number / name in the memo area.



UPCOMING SOBER EVENTS

(Continued...)



*** **CANCELLED- GSO EVENTS** ***

(As of the issuance of this newsletter.)

Sadly, yet understandably, due to the ongoing severity of the COVID-19 pandemic, GSO has had to make the difficult decision to cancel all “2021” conferences and regional & local forums. An update will be given to District 5 GSRs, and also posted in the next applicable newsletter, should there further updates.

*** **SEPTEMBER 2020** ***

September 4-6, 2020

36th Annual South Bay Family Roundup



“KEEP ON TRUDGIN’...”

“We will be using a combination of Zoom and live events, creating that “SUPER ZOOM” affect for the Roundup. This combination approach is necessary, to make sure we follow the health guidelines, and more importantly to keep you safe.”

For more information:
<https://www.southbayroundup.org>

Online registration is requested.

September 12, 2020

National AA Technology Workshop 2020 Virtual Gathering

Theme:
AA Technology Comes of Age



The National AA Technology Workshop is a group of AAs who gather and work together to share about carrying the message of AA through technology.

When:
 September 12, 2020
 11am - 7pm Eastern | 8am - 4pm Pacific

Where:
 Zoom Platform

Registration:
naatw.org/reg

For more information about NAATW visit naatw.org

UPCOMING SOBER EVENTS

(Continued...)




Please Note:

The following non-Zoom events may be dependent upon the COVID-19 Pandemic mandates. So, please, be sure to check their websites for updated information.

*** SEPTEMBER 2020 ***


September 12, 2020

Presented by
Your GENERAL SERVICE DISTRICT 9
(Area 09)



The AA Service Structure & AA Intergroups

How they work together



Join Area 9 Presenters
Ed (Delegate), Mitchell (Chair), Ryan (Secretary), &
David (Exec. Dir., Coachella Valley Central Ofc.)
Saturday, September 12, 2020
1—3pmPDT

See District 9 & Area 9 websites for Zoom access:
<http://district9gs.com/events>
http://msca09aa.org/related_events.php

September 26, 2020

OC INTERGROUP PRESENTS

NO BOTTOM IN AUTUMN

SPEAKER MEETING
TOPIC: *Unity In Isolation*
Join us after the meeting for AA
trivia, a sobriety countdown, and
a super exciting giveaway

SEPTEMBER 26, 2020 | 6:00 PM PST

ZOOM ID: 943 0959 8320
PASSCODE: 256020

September 19, 2020

September 19, 2020
SAVE THE DATE



A Taste Of
SCAAC 2020

Your SCAAC AA & Al-Anon Committees are
collaborating to bring you a day of family recovery
via ZOOM. More will be revealed.

Please contact Fernando O. (661-477-4097 or fernandoo90992@hotmail.com), or
Melody B. (714-907-4773 or lalstipp@yahoo.com) for more information.

September 26, 2020

FINDING YOUR NICHE IN AA

SERVICE WORKSHOP

SEPTEMBER 26TH
10AM-12PM

FOUR SPEAKERS
ON
FOUR TOPICS

- Central office
- H&I
- Starting
A New
Meeting
- General Service

ZOOM #
834 4726 6025
PASSWORD
290929

15 minutes per topic followed by a 15 minute Q&A
Bring your fav non alcoholic drink and join us!

PRESENTED BY MSCA
DISTRICTS 1 & 3



UPCOMING SOBER EVENTS

(Continued...)

Please Note:

The following non-Zoom events may be dependent upon the COVID-19 Pandemic mandates. So, please, be sure to check their websites for updated information.




*** SEPTEMBER 2020 ***


September 26, 2020

September 27, 2020

Presented by
Your **GENERAL SERVICE DISTRICT 9**
(Area 09)




The AA Concepts & Warranties
Understanding AA at a Deeper Level



Join Area 9 Presenters
Ed L. (Delegate) and Hiro S. (Alt. Delegate)
Saturday, September 26, 2020
1—3pm PDT

See District 9 & Area 9 websites for Zoom access:
<http://district9gs.com/events>
http://msca09aa.org/related_events.php

Mid Southern California
Area 09



Hosted by District 04

Virtual **HERITAGE DAY**
2020

Heritage Day is an annual event presented by the MSCA Area 09 Archives Committee. The purpose of the event is to help preserve Area 09's history by interviewing Area members with long-term sobriety. The event will consist of interviews by District 04 members with six long-timers (30+ years) as they share their strength, hope and experience in AA.

Sunday, September 27, 2020
2:00 p.m. Pacific

All are Welcome!

Join Zoom Link: <https://bit.ly/gateaa9>

Zoom ID: 965 6129 0645
Passcode: heritage

For further information, please email area9district4@gmail.com

POSTPONED UNTIL 2021

ACCEPTANCE



the answer to
all my problems
TODAY

Eastern Washington's Woodstock of AA / Third Annual
Three Rivers BigBook Weekend III



"Where The Rivers Meet"
September 25 -27 2020

Rivertrot Hotel & Convention Center - 50 Comstock Street, Richland, WA 99337

2020 Guest Speakers

JEFF V., Fargo, MN CANDICE M., Los Angeles, CA
KARL M., Covina, CA DON L., Sudden Valley, WA
JUNE G., Oxnard, CA DENNIFER K., Plano, TX
ELLEN C., Addison, TX MARON C., Los Angeles, CA



Full Program on Web - Limited Space - Register Early
EASY WEB REGISTRATION
www.threeriversbigbookweekend.org

3day/Registration/Hospitality/8Speakers/Buffer Dinner/Breakfast/\$79

Name	_____	Name	_____
Email	_____	Email	_____
City	_____	City	_____
ST	_____	ST	_____
Phone	_____	Phone	_____
Dinner	Beef Chicken Veg	Dinner	Beef Chicken Veg
BADGE	_____	BADGE	_____

Checks to THREE RIVERS BIGBOOK WEEKEND 3019 DUFOUR ST #108 RICHLAND, WA 99352



DISTRICT 5 *** SOBRIETY BIRTHDAYS **



Those listed below attended the District 5 'Zoom' Meeting the month of their sobriety birthday. CONGRATS TO ALL!

AUGUST 2020

- # Peter C: GSR ("Tustin Big Book Study - Tustin) ~ 29 Yrs.
- # Lisa H: Registrar & DCM-Women's Day & Evening (District 5) ~ 28 Yrs.
- # Vicki R: Treasurer & Newsletter Editor (District 5) ~ 11 Yrs.



By doing it
"ONE DAY AT A TIME",
all together they have...

YEARS 68
MONTHS816
WEEKS 3,545
DAYS..... 24,815
HOURS..... 595,560
MINUTES35,733,600



GSO...THE BIRTHDAY PLAN

"Contributions to the General Service Office support G.S.O.'s services to members and groups throughout Canada and the U.S. and help ensure that the A.A. message is carried around the world. The services that the G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety."

For More Info: www.aa.org/pages/en_US/the-birthday-plan



WWW > A.A. RELATED WEBSITES < WWW

- Alcoholics Anonymouswww.aa.org
- MSCA 09 / District 5www.msca09aa.org
- OC Central Officewww.oc-aa.org
- Box 4-5-9www.aa.org/pages/en_US/box-4-5-9-news-and-notes-from-gso
- Grapevine.....www.aagrapevine.org
- OC A.A. Convention.....www.oaac.org
- AA Online Intergroup.....www.aa-intergroup.org
- All O.C. Young People In A.A.... www.aocypaa.org
- Area 9 Bridging the Gap<https://area9btg.org>
- Veterans Bridging the Gap.....<http://www.vetsbtg.org/>

NEW GSRs / Alternate GSRs!!!

A big *WELCOME* and *THANK YOU* to the following new GSRs and/or Alternate GSRs...

NAME	GROUP	CITY
♦ Chris W. (GSR)	Forever Non-Professional	Orange
♦ Matt D. (GSR)	Mon. Night Mens B.Y.O.B.	Tustin
♦ Michelle H. (GSR)	Keep it Simple	Orange



AA RESPONSIBILITY STATEMENT

"I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

FRIENDLY REMINDER...The General Service Office needs to be advised whenever there are the following meeting/group changes, so that they can keep their records up to date.

- Name – Date and Time – Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- Disbandment of Meeting/Group

If there are any changes, please be sure to notify your District 5 Registrar (*Lisa H.*) via email, or by attending a District 5 meeting and giving her (or the GSR School Committee Member - Rob S.) the applicable information. The information will be forwarded to both the area and the General Service Office.

****You can find information on the next "District 5" meeting on Page 5 (Upcoming Events & Announcements) of this newsletter.****

A.A. IN THE NEWS... (Continued from Page 8)

**Evening Star (Washington, D.C.)
June 14, 1940**

To read the first article of this series, see District 5's "Issue 17 - 2nd Quarter 2020" Newsletter.

**Clergymen Discover
Efficacy of A. A.
In Curing Drunks**

**Alcoholics Anonymous
Wins Attention of
Dr. Fosdick and Others**

This is the second article of a series on Alcoholics Anonymous, national brotherhood of recovered alcoholics.

By ROBERT A. ERWIN.

Progress of Alcoholics Anonymous during the past 18 months, especially in many larger cities of the Nation, has attracted the interest of leaders in religion and medicine.

They have studied closely this movement that originated in New York City five years ago. They have sought to determine how, in so many cases, the Double A's have succeeded in straightening out drunks where other formulas have failed.

In Washington, the medical profession at this stage of the organization's development is more familiar with the movement than is the clergy. In other cities, however, both clergymen and doctors have appraised Alcoholics Anonymous. Since religion is the keystone of the organization's creed, this phase will be considered today.

About the Writer:

Robert Amos Erwin was a correspondent for the Evening Star. He was born in Oct. 1908 in Evansville, Indiana, and died in Jan. 1978 in Washington, District of Columbia.

Fosdick Notes Movement.

The book, "Alcoholics Anonymous," mentioned in the first article of this series, brought a favorable and analytical review from the pen of Dr. Harry Emerson Fosdick, noted Baptist leader.

Dr. Fosdick declared the book merited the attention of "any one interested in the problem of alcoholism" and that it represented "the pooled experience of 100 men and women who have been victims of alcoholism, many of them declared hopeless by the experts."

"The core of the whole procedure is religious," he said, "the expulsion of the alcoholic's obsession by a power-greater-than-himself. Nowhere is the tolerance and open-mindedness of the book more evident than in its treatment of this central matter.

"They are not partisans of any particular form of organized religion, although they strongly recommend that some religious fellowship be found by their participants," continued Dr. Fosdick. "By religion, they mean an experience which they personally know and which has saved them from their slavery when psychiatry and medicine had failed.

Sure of God.

"They agree that each man must have his own way of conceiving God, but of God himself they are utterly sure, and their stories of victory in consequence are a notable addition to William James' 'Varieties of Religious Experience.'"

In its westward movement from New York, Alcoholics Anonymous took definite root in Cleveland, Ohio, and there immediately attracted the attention of the clergy.

Dr. Dilworth Lupton, pastor of Cleveland's First Unitarian Church, said in a sermon on "Alcoholism and Religion" that "I must humbly confess to having failed completely with alcoholics who have come to me for help. Many of my friends in the fields of medicine and psychiatry confess to the same feeling of futility.

"Recently, my experiences with a victim of alcoholism and later with the movement * * * first aroused my hopes, then my faith, and now I am convinced that these people have found a way out. I have seen the evidence with my own eyes," Dr. Lupton said.

Visited by Ex-Victims.

"Consider the ex-victim I have just referred to. We will call him Mr. X. He is a young man with a family. For five years he was rarely sober. He and his wife were headed straight for the divorce courts. Mr. X consented two years ago to hospitalization. While under treatment he received 18 visits from ex-victims who were members of Alcoholics Anonymous, all of them laymen who had been alcoholics themselves.

"Soon he was attending weekly meetings of the group in Cleveland. He hasn't had a drink since. For months he has been giving virtually every minute of his spare time to helping other victims."

Discussing his attendance at meetings of the Cleveland A. A.'s, Dr. Lupton said he found "no excessive piety, no sensationalism, no fanaticism, no aggressive evangelism. They have no desire to make the country or anybody else dry unless he happens to be, like them, allergic to alcohol. They seem to have a good sense of humor, a quality sometimes rare in religious circles."

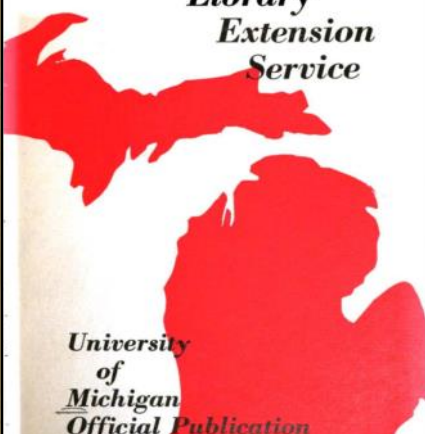
Alcoholics Anonymous has no formal organization. Its business is conducted through the mailing address, Alcoholics Foundation, Box 658 Church Street Annex Post Office, New York City. This also is the mail address of the Washington chapter.

The third article of this series will be in District 5's "Issue 19 - 4th Quarter - 2020" Newsletter.

A.A. IN THE NEWS (continued from Page 9)

1949

**Library
Extension
Service**




**University
of
Michigan
Official Publication**

UNIVERSITY OF MICHIGAN
GENERAL LIBRARY

LIBRARY EXTENSION
SERVICE

BULLETIN OF INFORMATION



Vol. 11, No. 1 July 29, 1949
Entered as second-class matter at the Post Office at Ann Arbor, Michigan, based on authority of the University of Michigan.

**The Chronicle Star /
The Moss Point advertiser
(Pascagoula; Moss Point, Miss.)
August 10, 1951**

LIST OF SUBJECTS
on which reference materials are available
from the
LIBRARY EXTENSION SERVICE

Accidents Art and Artisans Adolescence Adult Education Advertising Africa Ammational Clubs Agricultural Credit Agricultural Economics Agricultural Education Agricultural Relief Aeronautics Air Conditioning Air Freight Air Mail Airports Airships	Alaska Alaska Highway Alcoholics Anonymous Alcoholicism Aliens Allergy Allied Military Govern- ment Alloys America Americanism Americanization American Literature— Contemporary Reviews Anglo-American Relations Animals Antiques	Arbitration, Industrial Arbitration, International Archaeology Architecture Arctic Exploration Art Artists Arts and Crafts Asia Astronomy Athletics Atomic Bomb Atomic Energy Australia Authors, Contemporary Automobile Trunkers Aviation
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Are YOU An Alcoholic?



We wouldn't try to answer that one for you, even if we could. That's for you to decide. But if you are one of that small minority of people in whom one drink of alcohol sets up an insane compulsion for another, and another and another, you might do well to talk over your problem with us. (Chances are the bird pictured here isn't an alcoholic. If he were he probably would have pawned that wrist watch long ago!)



**OPEN
MEETING
SUNDAY
AUG. 12**

The Jackson County Group of Alcoholics Anonymous will hold a public meeting at the

**PASCAGOULA HIGH
SCHOOL 3:00 P. M.**

Two AA members, one man and one woman, will speak on the problem of alcoholism.

EVERYONE INVITED!

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is an honest desire to stop drinking. AA has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.



Don't ask us! We don't know about you. However, we do know that alcoholism has made up on a lot of nice girls, one of whom will speak at our meeting Sunday. Why don't you drop around and hear her? (There'll be lots of non-alcoholics there and you can mix in the crowd. Your presence won't give you away!)

What about ME?

We are not meddlers. We do not presume to tell people how to manage their lives... Our purpose is to help people who express a desire for help. We do not call on people at the suggestion of others. We are not indifferent in such cases, but experience has taught us that it won't work... If you have a drinking problem, we invite you to attend our regular closed meetings—for alcoholics only—in the Chamber of Commerce Building, South Pascagoula Street, every Friday night at 8 o'clock.

JACKSON COUNTY GROUP
ALCOHOLICS ANONYMOUS

BOX 237
PASCAGOULA, MISS.

**The Scandinavian American
(Seattle, Wash.)**

November 5, 1951

ALCOHOLICS ANONYMOUS ACTIVE IN NORWAY, TOO

An attractively furnished, well-stocked clinic, designed for initial treatment, has been opened in Oslo by the Norwegian **Alcoholics Anonymous**. The formal opening was attended by many friends of the AA prominent in the fields of medicine and social welfare.

The clinic has beds and facilities for first treatment of 10 cases at a time, usually for no longer than two weeks. During this period, the patients are given sleep-inducing injections, and vitamin-rich food. At the end of the initial treatment, the **alcoholics** spend

three weeks at the AA's recreation home at Feiring, in the beautiful Mjosa district. When they are sufficiently recovered to assume their normal occupations, the **alcoholics** receive the benefit of AA group therapy until they are considered cured.

Alcoholics Anonymous has been extremely active in Norway since the war. Publishing a monthly membership bulletin, the organization has branches in many parts of the country, whose work is coordinated by the AA's national secretary.

MEETINGS / GROUPS WITH ACTIVE* DISTRICT 5 REPRESENTATION

**Active: A meeting group whose G.S.R. or Alternate G.S.R. participated in one or more of the past six District 5 "Zoom" meetings.*

NME OF MEETING / GROUP	LOCATION	G.S.R.	ALTERNATE G.S.R.
777 (Newcomers) Men's Stag Group	Orange	Robert B.	
Boozy Bunch	Orange	Julia S.	
Chapman & Lewis AA Group	Orange	Glenda R.	
Crawl Before No One (F/Club)	Orange	Bruce M.	
Early Birds Group	Santa Ana	Paula P.	
Forever Non-Professional (F/Club)	Orange	Chris W.	Mario P.
Friday On A Monday Discussion	Orange	Chris H.	
Hart Park Newcomers Group	Orange	Bruce D.	
How It Works	Orange	Steve C.	David H.
It's In the Book	Tustin	Gloria Z.	
Keep it Simple Group	Orange	Michelle D.	
Ladies Night Book Study	Orange	Lindsey K.	
Men's BYOB Book Study	Tustin	Matt D.	
Monday Night Speakers Meeting (F/Club)	Orange	Mario P.	
Name in the Hat Group	Orange	Scott B.	
Not A Glum Lot	Orange	Charley R.	
Saturday Night Visiting Speakers Mtg.	Orange	David H.	
Sunday Morning B/B Study Group	Orange	Greg A.	Mario P.
Sunday Night Speakers Meeting of Orange	Orange	Manny A.	
(The) Other 12 & 12 Group	Orange	Chris W.	
Thur Nite New Comers Group	Orange	Jackie R.	
Tustin Big Book Study	Tustin	Peter C.	
Tustin Rush Hour	Tustin & Orange	Chuck W.	
We Got A Coffee Pot	Orange	Will G.	
Wed Nite Womens Solutions Grp	Tustin	Kathy S.	
Wednesday Noon Discussion Group (F/Club)	Orange	Bruce M.	
Womens Unity Group	Tustin	Cathy T.	

Do what is right, not what is easy.



NEVER STRESS OVER WHAT YOU CAN'T CONTROL

- Did you know that the local group is the basic unit of A.A. World Service?
- Does your meeting/group have a GSR?
- Has there been a GSR or Alt-GSR change?
- Is your meeting/group missing from the above list??

In keeping with our 7th Tradition.....

“2020” GROUP DONATIONS MADE TO “DISTRICT 5”

GROUP #	GROUP NAME	CITY	"2020" GROUP TOTALS THROUGH: AUGUST 31, 2020
???	Bethanie C.	Orange	\$ 30.00
PERS.	Rob Sills	Orange	\$ 10.00
131258	9:02 Group	Villa Park	\$ 22.00
132752	All About Me Mens Stag Group	Orange	\$ 60.00
713798	AOCYPAA	Lag. Beach	\$ 9.34
136826	As Bill Sees It	Orange	\$ 15.00
712762	Attitude Adjustment (F/Club)	Orange	\$ 20.00
??	Desire to Stop - Sat. Mtg.	Santa Ana	\$ 10.00
126119	Early Birds Group	Orange	\$ 46.09
632837	Foothill Early Risers	Tustin	\$ 44.16
725120	Forever Non-Professional	Orange	\$ 10.51
??	Friday Morning Men's Coffee	Tustin	\$ 12.00
126062	Friday Night No Puffers	Orange	\$ 20.00
275245	Friday On A Monday	Orange	\$ 15.00
172225	How It Works	Orange	\$ 15.00
680752	Keep It Simple Group	Orange	\$ 16.80
686410	Monday Night Mens B.Y.O.B.	Tustin	\$ 30.00
101386	Monday Night Mens's Stag	Lag. Beach	\$ 74.70
??	Monday Night Speaker Meeting	Orange	\$ 8.41
616357	Sober & Crazy Speaker Meeting	Orange	\$ 17.50
146970	Sunday Morning B/B Study Group	Orange	\$ 47.00
722902	The Name in the Hat	Orange	\$ 10.00
696177	Tustin Acceptance Group	Tustin	\$ 42.00
130429	Tustin Attitude Modification Group	Tustin	\$ 280.13
678232	Tustin Big Book Study	Tustin	\$ 36.21
168129	Tustin Rush Hour Group	Tustin-Orange	\$ 17.81
179495	Wed Nite Womens Solutions Grp	Tustin	\$ 12.50
630797	Wednesday Morning Donuts Group	Orange F/C	\$ 50.00
135004	Winners Circle Group	Anaheim	\$ 20.00
			TOTAL: \$ 1,002.16

THANK YOU!!

If your meeting group, or you as an individual, would like to make a 7th Tradition donation to District 5, there are two options:

1. MAIL: District 5—P.O. Box 3374, Tustin, CA 92781
2. ZELLE (US Bank-District 5 Treasurer): wrkaaitwrks@aol.com

If applicable, please be sure to notate your meeting group name and group number if known.

**UNTIL THE NEXT TIME...
STAY SOBER, STAY SAFE, AND STAY HEALTHY!!**

In keeping with our 7th Tradition.....

“2020” GROUP DONATIONS MADE TO “DISTRICT 5”

“ADDICTION AND RECOVERY”

Word Search

(wordsearchfun.com)

ACCEPTANCE
 ADDICTION
 AMENDS
 ANGRY
 COMPLACENCY
 CONSEQUENCES
 CRAVINGS
 FEAR
 GRATITUDE
 HELP
 HITTINGBOTTOM
 HONESTY
 HOPE
 HUMBLE
 INVENTORY
 LIFE
 LONELY
 LOSSES
 PATIENCE
 PROMISES
 RECOVERY
 RELAPSE
 RESPECT
 RESPONSIBILITY
 SELFPITY
 SELFWILL
 SERENITYPRAYER
 TIRED
 TREATMENT
 UNMANAGEABILITY

C E M X P L E W B Y S R C I K F N S O S
 V I E J L Y H O B F C E L B M U H W H H
 J S S I E T R E A T M E N T V H Y R C Z
 A S P U H I T T I N G B O T T O M U Y A
 F W A X O L O N E L Y V D V K B N Z N U
 C O L P P I N V E N T O R Y S M N R S X
 T Y E Q E B R N R I S R B E A R A A E N
 N C R A V I N G S K E E R N C Q Q S L T
 Q N E N I S U D T A C E A W C D I E F K
 Y E S S J N C H B P N G D P E T G L W D
 T C P P J O Y B Y I E R D R P S F F I I
 S A E F Y P B W T A U A I O T L E P L K
 E L C J R S F Y B M Q T C M A Z W I L B
 N P T W G E P I O E E I T I N H I T E K
 O M R F N R L Z Z N S T I S C O I Y Q S
 H O S W A I O I Q D N U O E E R A B F L
 Q C O Y T L S L F S O D N S Y W N E J N
 I C E Y V T S J S E C E T F Y Q A A G X
 V R E C O V E R Y O K O P O O R U Z Y E
 M V K V Q M S Y B I E C N E I T A P G N

UNTIL THE NEXT TIME...STAY SOBER, STAY SAFE, AND HEALTHY!!